



Interested in attending a **Senators Baseball Game** as a Friendship Senior Center activity? How about playing — or learning to play — **Chess and/or Backgammon?**

There are interest sheets at the desk to sign up if you would like to have your Senior Center offer these activities.



March 19th
is the **FIRST DAY OF SPRING!!**

Coming in April:

- ◆ **Iris Paper Folding**—April 3rd, 10AM, \$3
- ◆ **GoComprehensive Spring Program** — Tuesday, April 21 @ 9:30 AM. The Spring Seminar will concentrate on Medicare and the Nursing Home and some basic information on Wills and Estate Planning.
- ◆ **Volunteer Recognition Day** — April 25th



Winter Weather Advisory

If the **Central Dauphin School District** has a two-hour delay or is closed **DUE TO THE WEATHER**, then the Senior Center is **CLOSED** (no Aquacise or lap swimming).



- Medicare Questions
- Prescription Plans
- Income Guidance
- Estate Questions



Clear advice from people who care.

877-233-4212 • www.letscomp.com



Friendship
Senior Center

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Harrisburg, PA 17112
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www.lowerpaxton-pa.gov/friendship-center/senior-center

MARCH 2020 NEWSLETTER



Sunday, March 8th, at 2:00 AM
Daylight Saving Time begins.
Remember to set your clocks **AHEAD ONE HOUR!**



Winners of \$5 each in the 50-50 raffle at the Birthday Party were: **Sandy Mitchell, Sue Evans, Joy Radic, Fran Hahm, Re'Jean Smullen**



- ◆ **Wind Creek Casino Trip** (former Sands Casino in Bethlehem) — Thursday, April 2nd, Cost \$38, Free Slot Play \$30. See flyers at the Senior Center. If interested, contact the Senior Center at 717-657-1547 or call Jean Porr at 717-545-5963.
- ◆ Flyers are available at the Center for trips sponsored by other organizations. You are welcome to participate in these trips but must make your own arrangements.



Your Board of Directors is looking for 3 people willing to serve as the **Nominating Committee** for 2020-2022 Board Offices. Contact any current Board Member if interested (**Joanne Grant, Nancy Gilbert, Rachel Hora, Pat Seedor, Mary Lytle, Lauren Martin, Barbara Mihalic**). You will be given all the information and assistance needed to do the job.



-to **Jason Turri and Ecumenical Retirement Community** for the cakes to celebrate the Friendship Senior Center's 20th Birthday and all member birthdays in February.
-to **Sue Evans and her member crew** for setting up, serving and cleaning up for our Birthday Party.
-to **Francis Witt** for the Blessing prior to our Birthday Luncheon.
-to **Richard Lytle, Dale Martin and Marty Brooks** for storing the tables and chairs in preparation for Tap Class.



SUNSHINE CORNER

The following members are in need of a cheery word or a prayer:
Don Kerstetter, Deanna Rhodes
If you know of anyone to be added to this list, please notify someone at the desk.

March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Closed	2 Open 8AM – 3PM	3 Open 8AM – 3PM 8:30-9:30 Blood Pressure Check	4 Open 8AM – 3PM	5 Open 8AM – 3PM	6 Open 8AM – 3PM 9:30 Program Committee Mtg Craft Bazaar at Friendship Center	7 Closed
8 Closed 	9 Open 8AM – 3PM	10 Open 8AM – 3PM	11 Open 8AM – 3PM 8:30-9:30 Blood Pressure Check	12 Open 8AM – 3PM	13 Open 8AM – 3PM 9:30 Executive Board Mtg	14 Closed
15 Closed	16 Open 8AM – 3PM	17 Open 8AM – 3PM 8:00-11:00 Craft Bazaar 	18 Open 8AM – 3PM 9:30 General Membership Meeting	19 Open 8AM – 3PM 	20 Open 8AM – 3PM	21 Closed
22 Closed	23 Open 8AM – 3PM	24 Open 8AM – 3PM	25 Open 8AM – 3PM	26 Open 8AM – 3PM	27 Open 8AM – 3PM	28 Closed
29 Closed	30 Open 8AM – 3PM	31 Open 8AM – 3PM	1 Open 8AM – 3PM	2 Open 8AM – 3PM	3 Open 8AM – 3PM Iris Paper Folding 10AM, \$3	4 Closed

Every Monday:

7:30—12 Noon Office is Open
 8:00—3:00 Card playing
 8:00—9:00 Light Aerobics
 8:30 & 11:45 Aquacise (\$3, Therapy Pool)
 10:00—11:00 Tai Chi (60 or older)
 1:00—2:00 Line Dancing

Marie Tennant will teach individual 50 minute computer lessons on Mondays and Tuesdays for \$5; schedule at desk.

Every Tuesday:

7:30—12 Noon Office is Open
 8:00—3:00 Card playing
 8:00—9:00 PEPPI/HSIM
 8:40 Aquacise (\$3, Lap Pool)
 9:00—11:30 Group Knitting and Crocheting
 10:30 —11:30 Beginner Italian Class (conf. room)
 12:30 Cash Bingo
 12:30 Bridge Club
 1:00 Lap Swimming/Walking (\$3)

Every Wednesday:

7:30—12 Noon Office is Open
 8:00—3:00 Card playing
 8:00—9:00 Light Aerobics
 8:30 & 11:45 Aquacise (\$3, Therapy Pool)
 9:00—12:00 Casual Art Class w/ Marty
 10:00—11:00 Spanish Class
 11:30—12:30 Tai Chi (60 or older)
 12:30—3:00 Mah Jongg
 12:30 Bridge Club
 1:30-2:30 Tap Dancing

Every Thursday:

7:30—12 Noon Office is Open
 8:00—3:00 Card playing
 8:00—9:00 PEPPI/HSIM
 8:40 Aquacise (\$3, Lap Pool)
 10:00 Scrabble
 12:00—3:00 Casual Art Class w/ Marty
 12:00 Group Sewing/Crafting
 12:30—3:00 Mah Jongg
 1:00 Lap Swimming/Walking (\$3)

Every Friday:

7:30—12 Noon Office is Open
 8:00—3:00 Card playing
 8:00—9:00 Light Aerobics
 8:30 & 11:45 Aquacise (\$3, Therapy Pool)
 9:30 Bridge Classes w/ Mr. Henning
 10:30-12:00 Advanced Italian
 12:00 Group Knitting and Crocheting