



# 2023 SPRING ACTIVITY GUIDE



Submit your Family Picture in the Park to be featured in the next Rec Guide.  
rscott@lowerpaxton-pa.gov



Need Space for  
Your  
Next  
Gathering?

Pavilion Reservations available online.  
REGISTER TODAY

**Rent a Township Pavilion**  
**12 Parks to choose from to host your next event**  
**Sign into our online system and create an account to reserve:**  
**<https://bit.ly/pparks>**

## FITNESS PROGRAMS

### Step w/ Sunny (Ages 16+)

Mid to advanced level step class involving choreography. End with stretches and a short ab workout.

**Dates:** Mon. 8:30am-9:30am ; Mar. 13 - May 1

Wed. 8:30am-9:30am, Mar. 15 - May 3

**Location:** Municipal Center, Room B

**Fees:** \$60R / \$70NR (8 weeks)

### Beginner Yoga w/ Sharon (Ages 16+)

Learn basic yoga postures: sitting, standing, and lying down. Emphasis on breathing & alignment. Bring a yoga mat.

**Dates:** Tues. 10-11am; Mar. 14 - May 2

**Location:** Municipal Center, Room A

**Fees:** \$53R / \$61NR (7 weeks)

### Mixed Yoga w/ Sharon (Ages 16+)

A Flow Vinyasa class that builds strength and challenges flexibility and balance. Bring a yoga mat.

**Dates:** Thurs. 9-10am; Mar. 16 - May 4

**Location:** Municipal Center, Room A

**Fees:** \$53R / \$61NR (7 weeks)

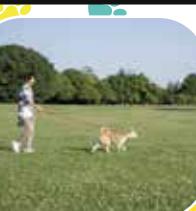
### Have a Favorite Class?

Nothing cancels a class faster than people waiting until the last minute to register for it! All programs have a minimum enrollment - and if we don't reach the minimum by a certain date, the class gets cancelled.

*Please Don't Delay, Register Today!*

# IT'S A DOG'S LIFE

Please be sure to pick up after your dog & place waste in the proper receptacle. Leashed dogs are welcome in all Township parks.



If you have well-mannered pups who like a good run or a friendly romp, stop by the Happy Tails Dog Park located at Kohl Park.

## FITNESS PROGRAMS

### Pilates w/ Yvonne (Age 16+)

Mat pilates is an excellent core muscle workout for the back, abdomen & neck! Plus total body exercises including balance and a relaxation phase at the end.

*Being a mat.*

**Dates:** Mon. 9:30-10:30am; Mar. 13 - May 1

Wed. 9:30-10:30am; Mar. 15 - May 3

**Location:** Municipal Center, Room A

**Fees:** \$60R / \$70NR (8 weeks)

### Yogalates Combo w/ Terri (Ages 16+)

Improve your muscle tone, posture, core strength, flexibility and well being. 1/2 hour of overall muscle tone using resistance band. 1/2 hour of pilates and yoga fusion. Bring sneakers, mat or towel. Bands provided.

**Dates:** Tues. 4:30-5:30pm; Mar. 14 - April 25

Thurs. 4:30-5:30pm; Mar. 16 - April 27

**Location:** Municipal Center, Room B

**Fees:** \$35R / \$40NR (4 weeks)

## Looking to Sell Your Home or Downsize?

at Lower Paxton Township Municipal Center

**JOIN US  
MARCH 16th**

at  
6pm



<https://bit.ly/SellYourHome316>

**JOIN US  
APRIL 27th**

at  
6pm



<https://bit.ly/Homebuyer427>

## Looking to BUY a Home?

at Lower Paxton Township Municipal Center

**Walking Opportunities in Lower Paxton Township**



<https://tinyurl.com/yc879r2s>

# Brightbill Summer League

## Season Begins June 2023

Fee: \$91 R / \$101 NR

Registration  
Dates  
February 13 -  
March 31, 2023

Games are  
played at  
Brightbill &  
Possibly  
Koons Too!

### Age Divisions:

Boys: 8-10, 11-13, 13-15

Typically play Mondays & Wednesday

Girls: 8-10, 11-13, 13-15

Typically play Tuesdays & Thursdays

Game Times: 6:00pm, 7:00pm, 8:00pm, 9:00pm

\*Ages 8-10 do not play at 9:00pm



<https://www.lowerpaxton-pa.gov/367/league-information>

# THANK YOU

# SHEETZ

## VOLUNTEER COACHES NEEDED

### Brightbill Basketball Summer League

Summer League is for youth ages 8-15.  
League runs from May to August.



Coaches Must be 18+

Games are Monday- Thursday evening  
at Koons & Brightbill Park.

Visit [www.BrightbillBasketball.com](http://www.BrightbillBasketball.com)  
(Free Player if coach clearance is turned in by March 31, 2023)

## Financial Assistance Program

Limited grant funds are available to assist with low-income residents who wish to participate in Lower Paxton's Recreational Programs. Funds are available on a first come -first serve basis. A grant shall cover 50% of the program cost.

For more information, please visit:  
<https://www.lowerpaxton-pa.gov/434/Financial-Assistance>

## Date Night Sitters Club

Need an evening without the kids?

Offered Every Other Friday  
January 6 through April 28, 2023

### Ages 3 to 10

(Children must be potty trained)

6-9 pm  
at Municipal Center

\$25 Residents  
\$28 Non-Residents

Sibling Discount:  
\$5 for each  
additional child



Enjoy the game  
of Basketball?  
Get paid for doing what  
you love.  
The Parks &  
Recreation Department  
is looking for  
experienced basketball  
players that can be  
trained to referee.  
This is a seasonal position.

Seeking Adults/College or  
High School Students  
age 18+



PIAA Certification  
Not Required, We will Train

Accepting  
Applications  
NOW

## Basketball Referees Needed

Game Locations:  
Koons Park  
Brightbill Park

League Schedule:  
May - August 2023  
(Monday - Thursday Evenings)

Contact:  
Parks & Recreation  
Department  
717-657-5600 x 2114  
[jwalters@lowerpaxton-pa.gov](mailto:jwalters@lowerpaxton-pa.gov)

R = LPT Resident  
NR = Non-Resident



[www.LowerPaxtonParksandRec.com](http://www.LowerPaxtonParksandRec.com)



**Brightbill,  
Kohl,  
& Koons Parks.  
NEW THIS YEAR  
Centennial  
Acres Park**

Kids ages 6-12  
Registration Opens April 17

# SUMMER CAMP

Monday - Friday  
from  
June 12 - August 18th

Safe, fun, affordable  
half day outdoor camp. Group activities,  
crafts, sports, games and more.

## Looking to be a Community Partner?

***Sponsor our Summer Camp Program***

For more Information Contact: [lgreen@lowerpaxton-pa.gov](mailto:lgreen@lowerpaxton-pa.gov)



**SUMMER CAMP**

ENJOY WORKING WITH KIDS?  
WANT TO MOLD THE FUTURE?

**BECOME A  
CAMP  
COUNSELOR!**

Now Accepting  
Applications  
\*Please note this is a  
Seasonal Position



**Playground for Preschoolers**  
Safe and Fun Creative outdoor activities for you little one!

Tuesday -- Thursday · June 13 - August 17th

**at  
Koons Park**

**Ages 4-5  
Registration Opens:  
April 17th**



## SUMMER OUTDOOR RECREATIONAL 6 V 6 VOLLEYBALL LEAGUE

**Open to Adults**

**Season starts late May 2023**

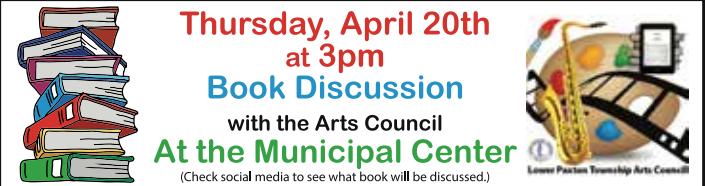
**Games are played at Koons Park  
Registration is on a First Come, First Serve Basis**

<https://secure.rec1.com/pa/lower-paxton-township-pa/catalog>



HONOR A SPECIAL FAMILY MEMBER, GROUP OR FRIEND  
WITH A GIFT OF A PARK BENCH OR TREE  
PLACED IN A LOWER PAXTON PARK.  
TREE \$500 / BENCH \$2000  
INCLUDES PERSONALIZED PLAQUE.  
CONTACT:  
JWALTERS@LOWERPAXTON-PA.GOV

## COMMEMORATIVE GIFT PROGRAM



**Thursday, April 20th  
at 3pm  
Book Discussion  
with the Arts Council  
At the Municipal Center**

(Check social media to see what book will be discussed.)



## 18th Annual Trash (can) to Treasure

**Registration Open March 13-29  
Beautify Lower Paxton Township Parks by  
painting a trash can to be on display and  
used in our parks.**

<https://secure.rec1.com/PA/lower-paxton-pa/catalog>



## Fall Field Requests 2023



The Parks & Recreation Department sends a field request mailing in May to all organizations and individuals that reserved fields/courts during the previous year, in addition to new requests for use of fields for the current year. Sports organizations that have reserved the fields during the previous year have the first opportunity to reserve those fields/dates again.

**Field request applications MUST be returned for the Fall Season by June 16, 2023**

**For more information on the field application process go to: [Lowerpaxton-pa.gov/244/ball-field-court-rentals](http://Lowerpaxton-pa.gov/244/ball-field-court-rentals)**

# Volunteers Needed!

- Special Events
- Park Clean Up
- Trail Maintenance
- And So Much More!

Sign up individually or as a group:  
[www.lowerpaxton-pa.gov/425/volunteer](http://www.lowerpaxton-pa.gov/425/volunteer)



March 25 · 9am to 11am · Kohl Park Nature Trail  
April 22 · 9am to 11am · Forest Hills Nature Trail

May 27 · 9am to 11am · Kohl Park Nature Trail

June 24 · 9am to 11am · Oak Park Nature Trail

Volunteers for trail maintenance must be 16+. Volunteers will clear brush and trees, help construct new trails, litter clean up and more! Long pants & long sleeves are recommended. Bring your favorite tool, gloves and safety glasses.

## PARK CLEAN UP

Join your friends and neighbors  
to help clean up  
Lower Paxton Parks!

1st Sunday of Every Month  
Starting March of 2023 from 8am-9am

March 5th - George Park • April 2nd - Kohl Park  
May 7th - Koons Park • June 4th - Brightbill Park



Register online:  
[tinyurl.com/yrawm9p5](http://tinyurl.com/yrawm9p5)



## Join the Greenway Committee..

Help identify, develop & maintain natural trails, promote walkable opportunities and connect with project partners for greenway implementation

**Interested? Email [parks@lowerpaxton-pa.gov](mailto:parks@lowerpaxton-pa.gov) for more info!**

# KITE FESTIVAL & FAMILY FUN DAY

at Lingle Park

Sunday, April 30th

12-2pm

Come  
Soar  
the skies  
with  
us!

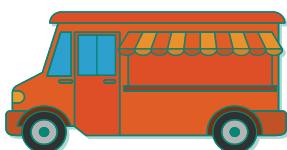
First 50 Registrants  
Receive a FREE  
Goodie Bag

Pack a Picnic Lunch or Enjoy a bite from one of our  
Visiting Food Trucks:

Milk & Mor • Crema • Mad Dash,  
Sittin' Pickin' Chicken • Cruisin Cuisine

## Fireworks & Food Trucks

Koons Park • July 3, 2023



June 9 • Second Time Thru

June 23 • Lower Paxton Variety Band

July 7 • Flapjack Jones and the Bender Brohs

July 21 • Smooth Like Clyde

August 4 • Colin Alvarez Band

**Free & Open to the Public**

**NEW  
COURSE**

9th Annual  
Arts & Parks 5K

**MUSIC**  
in the  
**Park**

**Saturday, July 22nd  
at George Park**

<https://runsignup.com/Race/PA/Harrisburg/ArtsParks5K>



# 2023 TRAVEL opportunities



Join your friends from Lower Paxton Township Parks and Recreation on the following day/multiple day motorcoach trips to exciting destinations, attractions and events.



To book, contact Boscov's Travel, Camp Hill Shopping Center  
**Call 717-763-1100 or email [bostravcamphill@boscovs.com](mailto:bostravcamphill@boscovs.com)**  
[boscovstravel.com](http://boscovstravel.com)



**CHESAPEAKE CRAVINGS, MD**  
Tuesday, April 18, 2023



**FINGER LAKES, NY**  
May 2023



**ELLIS ISLAND & STATUE OF LIBERTY**  
Thursday, July 27, 2023



**THE CONNECTICUT RIVER VALLEY**  
September 2023



**PEDDLER'S VILLAGE OCTOBERFAST**  
Saturday, October 14, 2023



**BARNES FOUNDATION &  
PHILADELPHIA MURAL ARTS TOUR**  
Thursday, November 9, 2023



**NEW YORK BOTANICAL GARDEN  
HOLIDAY TRAIN SHOW**  
Thursday, December 7, 2023



Book using your Boscov's Credit Card and receive special financing.