



Mohegan Sun Pocono Casino

Monday, September 16th, cost \$38.00 (\$25 free slot play, \$5.00 food voucher), departs at 9:00AM from At Home/Best Buy parking lot; sign up and pay at the Senior Center desk — posters are available with complete information.

American Music Theater Christmas Show

"Joy to the World"—Thursday, November 21st—cost \$117.00 (all inclusive). Friday, November 1st, will be the last day for reservations and payment.



Corporal Cook from the Lower Paxton Township Police Department will conduct the first of two "Intruder Alert" sessions on **Wednesday, September 18th, at 10AM** (immediately following a brief General Membership Meeting at 9:30 AM). Attendance is highly recommended. A second session is scheduled for Wednesday, October 16th, and refresher/update sessions will be held in the Spring. **There is NO SPANISH CLASS on September 18th due to the "Intruder Alert" Session.**



- Tuesday, October 8th, *Home Instead Senior Care* presentation.
- *GoComprehensive* presentation "Medicare and Health Insurance Updates" on Tuesday, October 22nd, at 9:30AM.
- Closing for Thanksgiving from Wednesday, November 27th, through Friday, November 29th.
- Closing for Christmas from Monday, December 23rd through Friday, January 3rd.



- Medicare Questions
- Prescription Plans
- Income Guidance
- Estate Questions



Clear advice from people who care.

877-233-4212 • www.letsgocomp.com



Friendship Senior Center

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friendship-center/senior-center

SEPTEMBER 2019 NEWSLETTER



The September Newsletter is being published earlier than usual so we can include a reminder — **The Friendship Center will close the last week of August for annual maintenance (August 26th – 31st, 2019).**

The Friendship Senior Center is also closed during this period and will also close on Monday, September 2nd, for the Labor Day Holiday.

The Senior Center is CLOSED and there will be NO Senior Center activities, including water programs, from Monday, August 26th, through Monday, September 2nd. The Senior Center will reopen on Tuesday, September 3rd.



- There will be **NO BINGO** on **September 3rd**.
- Thursday **Italian classes** will move to **Fridays, 10:30AM—12:30PM, starting on September 5th**.
- **Homeland** will present a program at **10:00AM on Tuesday, September 10th**, on the types of services provided by hospice.
- **Craft Sales** resume on **Tuesday, September 17th, from 8:00-11:00AM**.
- If you have not yet **renewed your Senior Center Membership**, please stop by the desk. Current memberships run from July 1, 2019 to July 1, 2020. It is still only \$10 for a year and anyone 55 or older is welcome to join. You must be a member in order to participate in any Senior Center activities, including Aquacise and lap swimming/walking.
- **Marie Tennant** will teach **individual computer lessons** on Mondays and Tuesdays. Classes of approximately 50 minutes must be scheduled at the desk and cost \$5.00 each.

SUNSHINE CORNER

Cards were sent to:

Julia Goodman and Cindy Robinson

If you know of anyone needing a cheery word or prayers, please jot down as much information as you can (name, address, family, concern) and give it to someone at the desk.





September 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Closed	2 Closed WE WILL BE CLOSED ON LABOR DAY	3 Open 8AM – 3PM 8:30-9:30 Blood Pressure Check NO BINGO!	4 Open 8AM – 3PM	5 Open 8AM – 3PM	6 Open 8AM – 3PM 9:30 Program Committee Mtg	7 Closed
8 Closed	9 Open 8AM – 3PM	10 Open 8AM – 3PM 10:00 <i>Homeland</i> Hospice Presentation	11 Open 8AM – 3PM 8:30-9:30 Blood Pressure Check	12 Open 8AM – 3PM	13 Open 8AM – 3PM 9:00 Executive Board Mtg	14 Closed
15 Closed	16 Open 8AM – 3PM 9:00 Bus departs for trip to Mohegan Sun Pocono Casino	17 Open 8AM – 3PM 8:00-11:00 Craft Sale	18 Open 8AM – 3PM 9:30 General Membership Mtg 10:00 “Intruder alert” presentation <i>NO Spanish Class</i>	19 Open 8AM – 3PM	20 Open 8AM – 3PM	21 Closed
22 Closed	23 Open 8AM – 3PM  First Day of Autumn	24 Open 8AM – 3PM	25 Open 8AM – 3PM	26 Open 8AM – 3PM	27 Open 8AM – 3PM	28 Closed
29 Closed	30 Open 8AM – 3PM					

Every Monday:

8:00—3:00 Card playing
8:00—9:00 Light Aerobics
8:30 & 11:45 Aquacise (\$3, Therapy Pool)
10:00—11:00 Tai Chi (60 or older)
1:00—2:00 Line Dancing

Every Tuesday:

8:00—3:00 Card playing
8:00—9:00 PEPPI/HSIM
8:40 Aquacise (\$3, Lap Pool)
9:00—11:30 Group Knitting and Crocheting
10:30 —11:30 Beginner Italian Class (conf. room)
12:30 Cash Bingo
1:00 Lap Swimming/Walking (\$3)

Every Wednesday:

8:00—3:00 Card playing
8:00—9:00 Light Aerobics
8:30 & 11:45 Aquacise (\$3, Therapy Pool)
9:00—12:00 Casual Art Class w/ Marty
10:00—11:00 Spanish Class
11:30—12:30 Tai Chi (60 or older)
12:30 Bridge Group
1:30-2:30 Tap Dancing

Every Thursday:

8:00—3:00 Card playing
8:00—9:00 PEPPI/HSIM
8:40 Aquacise (\$3, Lap Pool)
10:00 Scrabble
12:00—3:00 Casual Art Class w/ Marty
12:00 Group Sewing/Crafting
1:00 Lap Swimming/Walking (\$3)

Every Friday:

8:00—3:00 Card playing
8:00—9:00 Light Aerobics
8:30 & 11:45 Aquacise (\$3, Therapy Pool)
9:30 Bridge Classes w/ Mr. Henning
10:30—12:30 Advanced Italian Class (conf. room)
12:00 Group Knitting and Crocheting

