

SUMMER RECREATION GUIDE

425 Prince Street, Harrisburg, PA • LowerPaxtonParksandRec.com • 717.657.5600



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**Kids ages 6-12
Registration Open**

SUMMER CAMP

**Brightbill,
Kohl,
& Koons Parks
NEW THIS YEAR
Centennial
Acres Park**

**Monday - Friday
from
June 12 - August 18th**

**Safe, fun, affordable
half day outdoor camp. Group activities,
craft, sports, games and more.**

FITNESS PROGRAMS

Step w/ Sunny (Ages 16+)

Mid to advanced level step class involving choreography. End with stretches and a short ab workout.

Session 1: Mon. 8:30am-9:30am ; May 15 - July 31

Session 1: Wed. 8:30am-9:30am ; May 17 - June 21*

Session 2: Wed. 8:30am-9:30am ; June 28 - Aug. 2*

Location: Heroes Grove Amp, Brightbill Park

Fees: \$83R / \$96NR (11 weeks)

\$45R / \$53NR (6 weeks)*

Beginner Yoga w/ Sharon (Ages 16+)

Learn basic yoga postures: sitting, standing, and lying down. Emphasis on breathing & alignment. Bring a yoga mat.

Dates: Tues. 10-11am; May 23 - Aug. 8

Location: Heroes Grove Amp, Brightbill Park

Fees: \$75R / \$88NR (10 weeks)

Mixed Yoga w/ Sharon (Ages 16+)

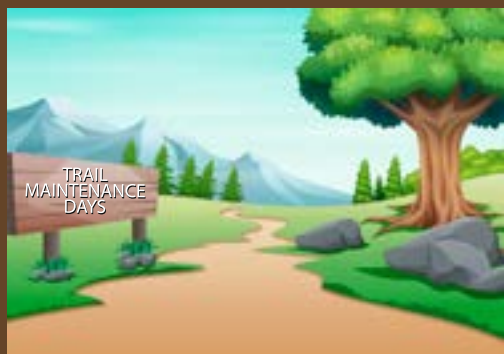
A Flow Vinyasa class that builds strength and challenges flexibility and balance. Bring a yoga mat.

Session 1: Thurs. 9-10am; May 18 - June 29

Session 2: Thurs. 9-9:45am; July 6 - Aug. 10

Location: Heroes Grove Amp, Brightbill Park

Fees: \$45R / \$53NR (6 weeks)



May 27 • 9am to 11am • Kohl Park Nature Trail
June 24 • 9am to 11am • Oak Park Nature Trail

Volunteers for trail maintenance must be 16+.

Volunteers will clear brush and trees, help construct new trails, clean up litter and more! Long pants & long sleeves are recommended. Bring your favorite tool, gloves and safety glasses.

FITNESS PROGRAMS

Pilates w/ Yvonne (Age 16+)

Mat pilates is an excellent core muscle workout for the back, abdomen & neck! Plus total body exercises including balance and a relaxation phase at the end. Bring a mat.

Session 1: Mon. 9:30-10:30am; May 15 - July 31

Session 1: Wed. 9:30-10:15am; May 17 - June 21*

Session 2: Wed. 9:30-10:15am; June 28 - Aug. 2*

Location: Heroes Grove Amp, Brightbill Park

Fees: \$83R / \$96NR (11 weeks)

\$45R / \$53NR (6 weeks)*

Xtreme Hip-Hop Step

w/ Traci-lyn (Age 16+)

Xtreme is a revamp on step aerobics with choreographed and freestyle moves set to hip-hop, R&B, and gospel music. All fitness levels welcome.

Step Board Provided.

Session 1: Mon. 6-7pm; May 15 - June 19

Session 2: Mon. 6-7pm; July 3 - July 31

Location: Heroes Grove Amp, Brightbill Park

Fees: \$60R / \$72NR

Have a Favorite Class?

Nothing cancels a class faster than people waiting until the last minute to register for it! All programs have a minimum enrollment - and if we don't reach the minimum by a certain date, the class gets cancelled.

Please Don't Delay, Register Today!

INCLEMENT WEATHER:

In the event of inclement weather (for example but not limited to): excessive temperature, rain, mosquito spraying and/or poor air quality, the Parks & Recreation Dept. will attempt to make accommodations to limit exposure but reserves the right to cancel class(es).



Walking Opportunities in Lower Paxton Township

<https://tinyurl.com/yc879r2s>

YOUTH CLASSES

Hoop Skill w/ Coach Glenn (Ages 5-7)
Instructional program focused on basketball basics, with mini-games at the end.
T-Shirt Included.

Dates: Fri., 6-7pm; June 2 - July 7

Location: Brightbill Park, Basketball Courts

Fee: \$72R / \$86NR (6 Classes)



9th Annual
Arts & Parks 5k

MUSIC
in the
Park
Saturday, July 22nd
at George Park

8:00 am Start Time

<https://runsignup.com/Race/PA/Harrisburg/ArtsParks5K>

Proceeds from this event will be used towards installing multisensory playground instruments at Brightbill Park. Thank you to the volunteers from the Arts Council, the Greenway Committee and the Parks & Recreation Board for assisting in the organization of the 5k.

NEW COURSE

To Register:



Help Keep our Parks Clean and Safe!
See Something, Say Something!



Lower Paxton Township Parks & Recreation promotes a positive play environment.

However, if you see something, we encourage you to say something.

Playground for Preschoolers

Safe and Fun Creative outdoor activities for you little one!

Tuesday - Thursday • June 13- August 17th



at Koons Park

AGES 4-5
REGISTRATION OPEN



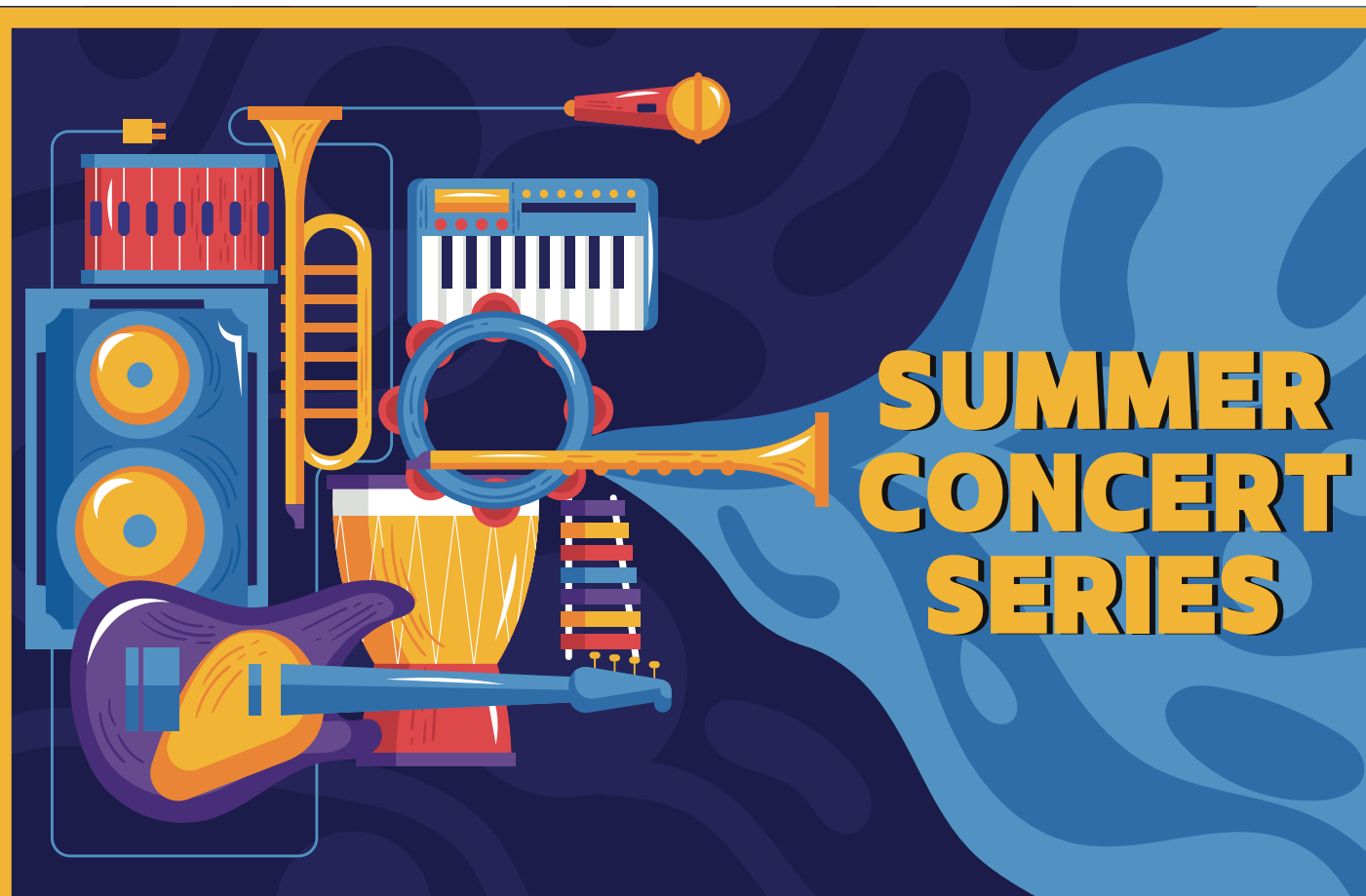
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at Heroes Grove Amphitheatre 7:00pm–8:30pm

June 9 • Second Time Thru

June 23 • Lower Paxton Variety Band

July 7 • Flapjack Jones and the Bender Brohs

July 21 • Smooth Like Clyde

August 4 • Colin Alvarez Band

Free & Open to the Public



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SAVE THE DATES FOR FALL & WINTER

2023 Lower Paxton Night Out for Public Safety (NOPS)

Tuesday, August 1st from 5:00 - 8:00pm

at George Park, 300 Nyes Road

NOPS allows the community to come together and take a stand against crime and other community issues. All activities and attendance at NOPS are FREE for the community. People attending NOPS will get a chance to see some of the resources available to the Lower Paxton community and will get an opportunity to speak to first responders. Some of the organizations attending NOPS will be the Lower Paxton Township Bureau of Police, South Central EMS, Linglestown, Paxtonia, and Colonial Park Fire Departments, the Pennsylvania State Police as well as various Dauphin County resources and assets.

Any organization that works for the improvement of the Central PA community is welcome to attend and have a display.

All questions regarding NOPS should be directed to Corporal Cook at wcook@lowerpaxton-pa.gov



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HONOR A SPECIAL FAMILY MEMBER, GROUP OR FRIEND WITH A GIFT OF A PARK BENCH OR TREE PLACED IN A LOWER PAXTON PARK. TREE \$500 / BENCH \$2000 INCLUDES PERSONALIZED PLAQUE. CONTACT: JWALTERS@LOWERPAXTON-PA.GOV

COMMEMORATIVE GIFT PROGRAM



PARK CLEAN UP

Join your friends and neighbors to help clean up Lower Paxton Parks!

1st Sunday of Every Month
from 8:00am - 9:00am

May 8 - Koons Park
June 5 - Kohl Park
July 3 - George Park



Register online:
tinyurl.com/yrawm9p5

IT'S A DOG'S LIFE

Please be sure to pick up after your dog & place waste in the proper receptacle. Leashed dogs are welcome in all Township parks.

If you have well-mannered pups who like a good run or a friendly romp, stop by the **Happy Tails Dog Park** located at Kohl Park.



Koons Pool Linglestown

2023 Season Passes are available for purchase. Visit koonspool.com for pricing and an application. Open Memorial Day weekend thru Labor Day weekend. For swim team information contact Erica at eribaylor22k@yahoo.com. Employment and volunteer opportunities are also on the website. Follow us on Facebook @Koonspool

Farmers Market Linglestown
8:00 am to Noon

Linglestown Area Civic Association in partnership with Lower Paxton Township will hold the **FARMERS MARKET** on the third Saturday of each month starting June 17th in the parking lot of the Linglestown Church of God across from the fire hall. The market will feature local produce, botanical and craft vendors as well as showcase local music.

Vendor application under Farmers Market tab on website: lingletowncivic.com
Questions: lingletownfarmersmarket@gmail.com



DOES YOUR NONPROFIT HAVE COMMUNITY NEWS?

NONPROFITS ARE INVITED TO SUBMIT A COMMUNITY NEWS MESSAGE TO THIS ACTIVITY GUIDE.

LIMITED SPACE AVAILABLE

FOR THE FALL GUIDE, EMAIL YOUR NEWS BY JUNE 9TH TO RSCOTT@LOWERPAXTON-PA.GOV



2023

TRAVEL opportunities





Join your friends from Lower Paxton Township Parks and Recreation on the following day/multiple day motorcoach trips to exciting destinations, attractions and events.



To book, contact Bosco's Travel, Camp Hill Shopping Center
Call 717-763-1100 or email bostravcamphill@boscovs.com
boscovstravel.com



ELLIS ISLAND & STATUE OF LIBERTY
Thursday, July 27, 2023



THE CONNECTICUT RIVER VALLEY
September 7-10, 2023



PEDDLER'S VILLAGE OCTOBERFEAST
Saturday, October 14, 2023



BARNES FOUNDATION & PHILADELPHIA MURAL ARTS TOUR
Thursday, November 9, 2023



NEW YORK BOTANICAL GARDEN HOLIDAY TRAIN SHOW
Thursday, December 7, 2023



Book using your Bosco's Credit Card and receive special financing.



NOW HIRING

Part - Time Seasonal Employees

<https://www.lowerpaxton-pa.gov/405/seasonal-employment>

Summer Basketball Referees
Park Attendants
Volleyball Referees
Summer Camp Counselors





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